

Date	Race / Event (click for details)	Location / Contact / Other Info
January		
Sunday 1 st	Aonach Mor Uphill	Nevis Range Ski Centre – 11am start
Monday 2 nd	Greenmantle Dash (TBC)	Broughton Village Hall – 12 noon start
Monday 2 nd	Carnethy Ladies Run	Joanne Thin
Saturday 7 th	El-Brim-ick Dash	Tyrebagger Woods, Near Aberdeen – 11am start
Saturday 7 th	Callander Crag	Tulipan Crescent, Callander – 1 pm start
Sunday 8 th	Borders XC No.5	Paxton House - 12 noon start
Monday 9 th	Carnethy 5 Entries	Entries online via race website from 5pm
Wednesday 11 th	Carnethy Night Run – Bonaly	check Carnethy website for details
Saturday 14 th	East District XC No.3 – Broxburn	Broxburn – 1-2.30pm start
Wednesday 18 th	Carnethy Winter Talk No.4 (tbc)	check Carnethy website for details
Saturday 21 st	Devils Burdens Hill Relay - Fife	Village Hall, Falkland – 9.30/10.30 start
Sunday 22 nd	Glentress Duathlon (Short)	Register by 11.30, 12 noon start
Sunday 29 th	Borders XC No.6	Berwick - 12 noon start
February		
Saturday 4 th	Scottish Athletics Masters XC	Kilmarnock (Entries via Helen by 18 th Jan)
Wednesday 8 th	Carnethy Night Run - Flotterstone	check Carnethy website for details
Saturday 11 th	Carnethy 5 Hill Race	Beeslack High School, Penicuik - 2pm start
Sunday 19 th	Borders XC No.7	Norham – 12 noon start
Wednesday 22 nd	Carnethy Winter Talk No.5 (tbc)	check Carnethy website for details
Saturday 25 th	Conic Hill Race	Balmaha Car Park – 11 am start
Sunday 26 th	Glentress Duathlon (Long)	Register by 11.30, 12 noon start
March		
Sunday 4 th	Bishop Hill Race	Portmoak Village Hall, Scotlandwell Fife – 2pm start
Sunday 11 th	Criffel Hill Race	New Abbey, Dumfries – 1pm start
Wednesday 14 th	Carnethy Night Run - TBC	check Carnethy website for details
Saturday 17 th	Craig Dunain	Queens Park, Inverness – 2pm start
Saturday 17 th	Chapelgill	Glenholm, South of Broughton – 3pm start
Wednesday 21 st	Carnethy Winter Talk No.6 (tbc)	check Carnethy website for details
Friday 23 rd	River Tay Dash	Birnam Dunkeld – 8pm start
Saturday 24 th	Birnam Hill Classic	Birnam Dunkeld – 12 noon start
Sunday 25 th	Deuchary Hill Canter	Birnam Dunkeld – 12 noon start

Other training: Full details at http://www.carnethy.com/ci_training.htm#November

Regulars: Most Wednesday evenings from 7pm – Club Run from Kings Buildings Union, West Mains Road,
Contact [Willie Gibson](#)

Ladies Runs: Alternate Mondays from different venues. Contact [Joanne Thin](#)

Social event details: http://www.carnethy.com/ci_social.htm

Race details at: <http://www.shr.uk.com/Calendar.aspx>